## Observer's Guide to PNs

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This document has evolved from a supplement to Night-Sky Objects for Southern Observers (NightSky Objects for short), which became available on the web in 2009. The document has now been split into two, this one being called the Observer's Guide to Planetary Nebulas.

The maps have been designed for those interested in locating planetary nebulas by star-hopping around the constellations. However, like Night-Sky Objects, the resource can be used to simply identify interesting planetary nebulae to GOTO.

As with Night-Sky Objects, the maps have been designed and oriented for southern observers with the limit of observation being Declination +55 degrees. Facing north, the constellations are inverted so that they are the "right way up". Facing south, constellations have the usual map orientation. Pages are A4 in size and can be read as a pdf on a computer or tablet.

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## Planetary Nebulas

Planetary nebulae or nebulas (PNs) are faint objects. None are visible to the naked eye. They are not related to planets as the name would suggest but originate from stars. William Herschel may have coined the term as he thought they resembled the giant gas planets (he discovered Uranus in 1781). However, only about $20 \%$ are roughly spherical and larger nebulae appear more grey than blue-green through a telescope.

There are about 3,000 known PNs in our galaxy. The comparative rarity of PNs is probably due to the fact that this phase of a star's evolution is relatively short - possibly only 10,000 years. Most are found near the plane of the galaxy with the greatest concentration near the galactic center.

PNs are formed when a star of 1-8 solar masses nears the end of its life (above this mass, the star blows up as a supernova). Stars get their energy by converting core hydrogen into helium under intense gravitational pressure. This process can continue for billions of years (e.g. our Sun is about 4.5 billion years old). When the star runs out of hydrogen, the more massive helium core shrinks and helium begins to fuse to carbon and oxygen at a much higher temperature. The atmosphere expands enormously and the outer layers get cooler - the star becomes a red giant. As more helium is fused, the temperature rises further and radiation pressure ejects the outer atmosphere. The exposed core sends streams of ultraviolet photons into the ejected atmosphere and ionises it. It then becomes a planetary nebula. Most of the light is green due to oxygen ions (OIII). The central star begins to cool as a white dwarf. Eventually, it will no longer have the energy to irradiate the distant cloud of gas.


Planetary nebulae spread heavier elements created by stars into the interstellar medium. Subsequent generations of stars have higher proportions of $\mathrm{C}, \mathrm{N}$ and O , which affect stellar evolution.

The typical planetary nebula is about one light year across. There is much debate about the mechanism that produces so many different shapes. Some astronomers believe a central binary could produce some of the more complex shapes. New evidence also indicates magnetic fields around the central star might be a factor in producing the remarkable variety.

## Surface Brightness

Apparent or visual magnitude is a measure of the overall brightness of an object as if it were a small point of light like a star. This becomes very much an approximation for larger visual objects such as large nebulae, which often have irregular boundaries and uneven brightness.

For larger objects, surface brightness (SB) can sometimes be a better indication of brightness. However, the figure also tends to be an average for the whole surface as, for example, nebulae often have irregular shapes with brighter and darker regions.

SB can be measured in magnitudes per square arcsecond or, as measured here, in magnitudes per square arcminute. To illustrate the range, globular cluster Omega Centauri (naked-eye) has SB 11.2, the globular cluster M22 about 11.7, galaxy NGC 253 (visible in binoculars) about 12.4, galaxy M49 (easily seen in a 6 -inch telescope) about 13, and galaxy M74 (very diffuse in a 12-inch scope) about 14.2 mags/square arcmin.

For objects of similar visual magnitude, the smaller the apparent surface area of the object, the higher the SB. For example:
Many PN are smallish. Their visual magnitude is a pretty good idea of brightness. NGC 3242 (Ghost of Jupiter) in Hydra has magnitude 7.3 and diameter 40" (seconds of arc). It is quite bright as expected and can be picked out with binoculars.
But some are quite large. NGC 7293 (Helix Nebula) in Aquarius has magnitude 7.6 and size 15' (minutes of arc). From the magnitude alone, you might assume it to be of similar brightness to the Ghost of Jupiter. However, the Helix Nebula is much larger visually and has a pretty low surface brightness of 13.8. It is quite diffuse in 12-inch Dob.

## Use of Finderscopes

As a reference, the long axis of the Southern Cross from Acrux ( $\alpha$ Crucis) to Gacrux ( $\gamma$ Crucis) is almost exactly 6 degrees.


For the star-hopper, the standard no-frills $8 \times 50$ finderscope has a field of view of around 5.7 degrees or approximately 6 degrees. The crosshairs divide the field into 4 quadrants, each of about 3 degrees radius.

With the finderscope view at right, the blue and the yellow stars depicted would be separated by about 2 degrees.


Using this type of finderscope, assuming reasonably dark skies, stars down to about $7^{\text {th }}$ magnitude should be easy enough to pick out, stars of $8^{\text {th }}$ magnitude are do-able but $9^{\text {th }}$ magnitude stars are pushing it. Of course, other factors such as the altitude of the object, dew on lenses, cloud or haze will affect the sighting of any object.

Distances of the Planetary Nebulae in this document were calculated from Gaia EDR3 (2020) parallaxes given in SIMBAD. Note: Gaia EDR3 = Gaia Early Data Release 3.

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A lot of these planetary nebulas can be seen with a good 8-inch telescope under dark skies. Larger apertures will show more detail for smaller nebulae using higher magnification. This, of course, depends heavily on how good the seeing conditions are.

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## Symbols used for objects:

Planetary nebula
Globular cluster


Open Cluster or emission/reflection nebula

The Greek Alphabet

| alpha | $\alpha$ | nu | $\nu$ |
| :--- | :--- | :--- | :--- |
| beta | $\beta$ | xi | $\xi$ |
| gamma | $\gamma$ | omicron | $o$ |
| delta | $\delta$ | pi | $\pi$ |
| epsilon | $\varepsilon$ | rho | $\rho$ |
| zeta | $\zeta$ | sigma | $\sigma$ |
| eta | $\eta$ | tau | $\tau$ |
| theta | $\theta$ | upsilon | $v$ |
| iota | 1 | phi | $\phi$ |
| kappa | $\kappa$ | chi | $\chi$ |
| lambda | $\lambda$ | psi | $\psi$ |
| mu | $\mu$ | omega | $\omega$ |

## Blue Snowball (NGC 7662)



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The Blue Snowball (NGC 7662) is a blue-green planetary nebula in Andromeda. The nebula has magnitude 8.4 and size 30".

Its distance is not well known. Estimates for distance are anywhere between 2,000 light years and 6,000 light years. The central bluish dwarf varies in magnitude between 12 and 16.

An 8-inch Dob will show its blue-green disk but the double-shell structure will be difficult to see even at culmination when it is just $14^{\circ}$ above horizon. It lies about $2.4^{\circ}$ from lota (ו) Andromedae and $26^{\prime}$ from the blue-white B9 star 13 Andromedae (magnitude 5.8).


Blue Snowball - HST: NASA, ESA \& A. Hajian

## Saturn Nebula (NGC 7009)



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The Saturn Nebula (NGC 7009) is a fairly bright blue-green planetary nebula about 1.3 degrees west of $\mathrm{Nu}(\mathrm{v})$ Aquariii.

The nebula was discovered by William Herschel in 1782 but Lord Rosse (1850) gave it the name Saturn Nebula when he saw projections off the main disk. Aligning with the main axis, the projections end in ansae ("handles"), which are caused by jet like streams of gas. Distance is about 4,000 light years.

NGC 7009 has visual magnitude 7.8 and an apparent size $30 " \times 25$ ". Its physical size would be about 0.6 light years. The central remnant white dwarf is a relatively bright magnitude 11.5.
Visually, it shows a bright elongated inner shell surrounded by a fainter rounder envelope, together with extensions off the main body. Central star is hard to see. The ansae are just visible in this photo of the Saturn Nebula by David LloydJones.


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The Helix Nebula (NGC 7293) is a relatively large planetary nebula. Its name derives from its helical appearance (an illusion). It is also referred to as the "Eye of God". It is the closest known planetary nebulae at only 650 light years distance. With dimensions of 15 ' $\times 12^{\prime}$, the nebula is be about 3 light years across. In comparison, the Ring Nebula (M57) in Lyra is about 1 light year across.

The Helix is thought to be a prolate spheroid (like a rugby football) with its axis roughly at 30 degrees to our line of sight. Concentration is denser around the equator. In photographs, it looks rather similar to the Ring Nebula with its darker central region and brighter outer shell. Visual magnitude is 7.6 but its light is spread over a large area, so it has a very low surface brightness.

In binoculars, it is seen as a large ghostly oval region. On low power in a telescope, it is a visually challenging object and its ring hard to detect. It is located about $1 / 3$ of the way from Upsilon (U) to 47 Aquarii.


Helix Nebula by Charles Yendle.

Blue Planetary (NGC 3918)


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The Blue Planetary (NGC 3918) in Centaurus was discovered by John Herschel in 1834. Distinctly blue in colour, it is quite bright at mag 8.2. NGC 3918 is round and only about 15 " in size. With a high surface brightness, I have seen no detail in this object. Distance is about 15,000 light years. Size is about 1 light year.

It can be found on a line between Delta ( $\delta$ ) Crucis and Pi $(\pi)$ Centauri about 3.6 degrees from the former and about 5 degrees from the latter. On the map, V918 Centauri and three other stars nearby help to locate it.

NGC 3918 image at right by David Lloyd-Jones.


## Cleopatra's Eye (NGC 1535)



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Cleopatra's Eye (NGC 1535) in Eridanus was discovered by William Herschel in 1785. It is a small blue-green planetary nebula with a double shell structure similar to the Eskimo Nebula in Gemini. Distance is about 4,500 light years.

It has visual magnitude 9.6 and is about 40 " in diameter. From its distance that would make it about one light year across. The central star is magnitude 12.5 . It lies about $2.5^{\circ}$ south of the double star 39 Eridani.


NGC 1535: David Lloyd-Jones

NGC 1360 was discovered by Friedrich Winnecke in 1868. It is a large planetary nebula of magnitude 9.6 in Fornax. The central star (mag 11) is actually a spectroscopic binary consisting of a low-mass O-type star and a white dwarf. It lies at about 1,300 light years distance.

The nebula appears as a rather featureless oval haze and is approximately $9^{\prime} \times 5$ ' in size or roughly the size of the Dumbbell Nebula (M27) in Vulpecula. From its data, its actual physical size would be about 3 light years across.

NGC 1360 has a low surface brightness and is best seen with an Olll filter. It is also known as the Robin's Egg Nebula due to its bluish colour in photos.

Photo at right by Adam Block using the 32-inch Schulman Telescope at the Mount Lemmon SkyCentre.


## Eskimo or Clown Face Nebula (NGC 2392)



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NGC 2392 is a planetary nebula discovered by William Herschel in 1787. It is popularly known as the Eskimo or Clown Face Nebula as it resembles a person's head surrounded by a parka hood or a clown with curly hair.

Its distance is about 6,000 light years. NGC 2392 has a double shell structure with a bright inner shell of gas, a dark central region, and a fainter detached outer halo. It is about 50 arcseconds in size with visual magnitude 9.2. Size is about 1.4 light years.

The central star has magnitude 10.5, one of the brighter ones for observers of planetary nebulae.

Less than 2 degrees from Wasat is the star 63 Gem (mag 5.2). NGC 2392 lies near an $8^{\text {th }}$ mag star about 0.6 degrees from 63 Gem.


NGC 2392 image by David Lloyd-Jones.

## Ghost of Jupiter (NGC 3242) PN



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The Ghost of Jupiter (NGC 3242) is a bright planetary nebula that can be seen with binoculars. William Herschel discovered it in 1785. Its distance is about 4,400 light years. It has a double shell structure with a bright inner shell surrounded by a fainter blue-green envelope which is about 40 " x 35", around the size of Jupiter. Physical size is about 1 light year.

NGC 3242 has visual magnitude of 7.3 and its central white dwarf star is magnitude 12.1.

It lies about 1.8 degrees south (i.e. upwards) of $\mathrm{Mu}(\mu)$ Hydrae. The wide pairs, one with HR 4068 (12.5' apart) and one with HD 90606 (4.5' apart) can be used to help locate the planetary.


NGC 3242 image by David Lloyd-Jones.

## Little Gem Planetary Nebula (NGC 6818)



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The Little Gem Nebula (NGC 6818) was discovered by William Herschel in 1787. It has a distinctly blue-green appearance. Visual magnitude is 9.4 and apparent size about $20 " \times 15$ ". Distance is given as roughly 6,000 light years with much uncertainty.

NGC 6818 has a $15^{\text {th }}$ magnitude central white dwarf.
The Little Gem is similar to the Blue Planetary (NGC 3918) in Centaurus. It is visually small and somewhat oval with a high surface brightness. Like the Blue Planetary, it is hard to see any structure at all.

Although in Sagittarius, it is probably easier to find from the constellation Capricornus. Start from the line of four stars 3 Capricorni, Alpha ( $\alpha$ ) 1,2 and $\mathrm{Nu}(\mathrm{v}$ ) Capricorni, then use the map to star hop to the nebula.


Little Gem image by David Lloyd-Jones.

## Eight Burst Nebula (NGC 3132)



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NGC 3132 (Eight Burst Nebula) is a planetary nebula of about 50 arcseconds in size. Its distance is about 2,500 light years. Given that info, its actual physical size would be about 0.6 light years across.

Seen at centre is a magnitude 10 star that is likely a foreground object. The remnant white dwarf is a 16 th magnitude star just 1.6 " from it, too close and faint to be picked up by amateur scopes. NGC 3132 is magnitude 9.7.

The nebula is often described as being bright but I don't find this to be so and certainly not when compared to say NGC 3242 or NGC 7009.
The outer shell has many darker areas around its perimeter. In my 12-inch Dob with no filter, a haze can be seen around the "central" star and the shell structure is occasionally visible at higher power. For a truly spectacular view of NGC 3132 get a look at it in the Evans 30" Telescope.


Eight Burst Nebula by David Lloyd-Jones

## Dumbbell Nebula (M27) \& Ring Nebula (M57) PN



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The Ring Nebula (M57) was discovered by Messier in 1779. It has visual magnitude 8.8 and angular size 84 " x 65 ". At a distance of about 2,600 light years, it would be about 1 light year across.

The nebula has the visual appearance of a smoke ring but it is actually a prolate spheroid (similar to an AFL or NRL football) with its axis at about 30 degrees to our line of sight. The ring appearance is due to strong concentrations of gas around the equator.

The central white dwarf is a faint visual magnitude of 15.8 .

M57 is conveniently located close to the line joining Beta ( $\beta$ ) and Gamma ( $\gamma$ ) Lyrae - about 48' from Beta and 71 ' from Gamma or $2 / 5^{\text {th }}$ of the way between the two stars.

Image (right) of M57 by David Lloyd-Jones.


The Dumbbell Nebula (M27) was found by Messier in 1764. It was the first planetary nebula discovered but he would not have known that at the time. Its distance is about 1,300 light years. Visual magnitude 7.1. The nebula has a fairly large apparent size of about 8 ' x 6 '. This is in part due to its relatively close distance but it is actually quite physically large at nearly 3 light years in size. M27's central star has magnitude 13.5.

Our view of M27 is approximately at right-angles to its major axis. Viewed from its poles, it would appear ring-shaped like M57. It can be faintly picked up with binoculars in a darker sky and looks like a dumbbell or apple core in a telescope. Visually it looks white - no colour as shown in the photograph. Although in Vulpecula, the Dumbbell Nebula is more easily found from the constellation Sagitta - lying about 3 degrees from Eta ( $\eta$ ) Sge and near a "W" asterism of magnitude 4.6-5.7 stars. It is only about 24' from 14 Vulpeculae.


Above image of the Dumbbell Nebula taken at Linden by Charles Yendle.

